



DEPARTMENT OF THE NAVY

U.S. NAVAL HOSPITAL

PSC 482

FPO AP 96362-1600

USNAVHOSP OKINAWAINST 5100.4G
069A
20 NOV 02

USNAVHOSP OKINAWA INSTRUCTION 5100.4G

From: Commanding Officer

Subj: TOBACCO PREVENTION PROGRAM

Ref: (a) SECNAVINST 5100.13C
(b) BUMEDINST 6200.12

1. Purpose. To provide guidance and policy governing tobacco use and prevention measures at U. S. Naval Hospital (USNH), Okinawa per references (a) and (b).

2. Cancellation. USNAVHOSP OKINAWAINST 5100.4F

3. Policy. It is the policy of this command to reduce tobacco use and protect all staff, patients, and visitors from the health hazards associated with tobacco smoke. This command encourages a tobacco-free lifestyle through awareness campaigns and educational programs focused on the health risks associated with tobacco use and the benefits of quitting. Tobacco cessation programs are readily available for those staff and eligible beneficiaries seeking to adapt a tobacco-free lifestyle.

a. Tobacco use of all forms, including smokeless, is strictly prohibited inside U.S. Naval Hospital, Okinawa and associated Branch Clinics. This applies to all staff, visitors, and patients. Those with a desire to smoke must exit the building and use a designated smoking area. Smokeless users must also exit the building prior to use and ensure that tobacco spit and residue are disposed of appropriately without public exposure.

b. Designated smoking areas will be identified and prominently marked. The only designated external smoking areas are located:

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(1) US Naval Hospital. Exit the rear of USNH and the smoking pad is located at the end of east wing near the Emergency Room parking area. Exit the Pharmacy entrance in front by the bus stop. A smoking area is located to the right on the designated grass area adjacent to the staff parking lot driveway.

(2) BEQ/BOQ. One designated area outside of each building on the compound.

(3) Bush Clinic. Exit from the battalion aid station administration office hallway or the dental sterilization /female locker room hallway. The smoking area is underneath the stairwell on the northeast side of the building.

(4) Schwab Clinic. Exit the east side of the Clinic. The smoking area is located in a grassy area adjacent to Office 199C and 120F.

(5) Futenma Clinic. Exit the back of the building. The smoking area is located behind the building near the southeast corner.

(6) Hansen Clinic. Exit the doors by CSR. The smoking area is located on the back deck of the clinic.

(7) Evans Clinic. The smoking area is located outside the building near the rear exit.

(8) Kinser Clinic. Exit the back of the building. The smoking area is located just beyond the ambulance bay.

(9) Torii Clinic. The smoking area is located outside the building near the south side exit.

(10) White Beach Clinic. The smoking area is located outside the building near the rear exit.

c. Licensed Independent Practitioners (LIP) or designees are expected to assess tobacco status during routine or preventive appointments, inform those unwilling to quit of the risks associated with continued use, and refer those interested in quitting to a tobacco cessation program.

d. Inpatients at USNH who desire to use tobacco are evaluated by a LIP on a case-by-case basis. When the LIP determines that NOT allowing tobacco use could or would

compromise that patient's care, written authorization to use tobacco may be provided. In such cases a member of USNH staff escorts the inpatient from the building to the nearest designated smoking area.

e. Command-sponsored tobacco cessation programs will be available and accessible to all staff and the beneficiary population.

4. Action

a. Head, Operating Management Department

(1) Ensure that designated smoking areas are prominently marked.

(2) Post "No Smoking" signs throughout the hospital and at the entrances.

(3) Provide trash receptacles suitable for cigarette butts and smokeless tobacco waste at each entrance to the hospital.

(4) Ensure that no tobacco products are sold within the buildings at medical and dental treatment facilities.

b. Licensed Independent Practitioners

(1) Identify each patient's current tobacco status during routine examinations and assess their readiness to quit. Tobacco users unwilling to quit should be counseled on the risks associated with tobacco use. Those willing to quit should be referred to Health Promotion or the nearest available Tobacco Cessation Program.

(2) Upon request, evaluate an inpatient's need for tobacco use on a case-by-case basis. When the LIP determines that patient care could or would be compromised by NOT allowing tobacco use, written authorization to use tobacco may be given to the patient when accompanied by a USNH staff to a designated smoking area.

c. Consolidated Bachelor Housing Manager. Smoking is prohibited anywhere inside the bachelor officers and bachelor enlisted quarters. The BEQ/BOQ manager will designate a smoking area common to each facility clear from doorways or intake ventilation systems.

d. Health Promotion Director. Coordinates the provision of tobacco cessation programs at USNH and Branch Clinics including class facilitation, facilitator training, program development, advertising, and maintenance of supply inventory.

e. Head, Pharmacy Department. Ensures that an adequate inventory of nicotine replacement patches and gum in addition to zyban is maintained.

f. Director of Primary Care. Ensures that all branch clinics are designated as non-smoking facilities.

g. Head, Public Works Department

(1) Ensures that smoking is prohibited in all government vehicles assigned to the USNH.

(2) Ensures outside areas are posted with "No Smoking" signs.

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CAPT BUSS for
M. H. MITTELMAN

Distribution
List I